

18th Annual

NORTH FONDY FEST RUN/WALK

North Fond du Lac ★ June 21, 2008

5 KILOMETER RUN & WALK ★ 1/3 & 1 MILE RUNS

RACE SCHEDULE	DIRECTIONS/INFORMATION	PARTICIPATION AWARD
7:00 a.m. Race Day Registration and Packet Pick-up (until race time)	Exit Highway 00 - Winnebago Drive off of Hwy. 41 and go east to Village Park. From Scott Street in Fond du Lac, go north on Hwy 175 to Hwy. 00 - Winnebago Drive then go west to Village Park. For more information call Jodi Giebel, Race Director at (920) 924-9619.	<ul style="list-style-type: none"> Official North Fond du Lac Race T-shirt to all pre-registered runners and while supplies last on race day. The shirt is top quality, printed by Mark Hopper's Custom Silkscreening.
8:00 a.m. 5K Run and Walk Starts		
9:15 a.m. 1 Mile Run Starts		
9:30 a.m. 1/3 Mile Run Starts		
Awards Immediately Following Race		

COURSE	AWARDS
The route for each run will begin and end near Village Park which will be the center of activity for North Fondy Fest. All courses are accurately measured, well marked, with course marshals and a water station. The Fond du Lac Running Club will handle the finish line. 5 kilometers is equal to 3.1 miles.	<p>Awards will be presented to the first, second and third place finishers in each age group of the 5 kilometer run. There will be separate male and female divisions for the following age groups:</p> <ul style="list-style-type: none"> 19 and Under • 20 - 29 • 30 - 39 • 40 -49 • 50 -59 • 60 and Over <p>All finishers in the 1/3 mile will receive a participant award. Top three male and female walkers will receive awards. Top three male and female in 1 mile will receive awards.</p>

COURSE RECORDS:

Men's 5K — Brad Theyerl, Van Dyne, WI — 15:51 • Women's 5K — Julie Propson, Fond du Lac, WI — 17:39.2

PLAN TO STAY AND CELEBRATE NORTH FONDY FEST!

- Breakfast: 7 am - 11 am
- All Day Concessions
- Parade at noon
- Boat Raffle
- Yankee Dutchmen
- Child Activity Area
- UW Marching Band 5th Quarter performance
- Model Train Show
- Cub Scout Pack 3747 Jail and Bail

RACE	T-SHIRT SIZE	FEES	PRE-REGISTERED	RACE DAY
<input type="checkbox"/> 1/3 Mile (7 and Under)	<input type="checkbox"/> Adult Small	5 K Walk and Run Race and T-shirt	<input type="checkbox"/> \$12.00	<input type="checkbox"/> \$15.00
<input type="checkbox"/> 1 Mile (12 & Under)	<input type="checkbox"/> Adult Medium			
<input type="checkbox"/> 5K Walk	<input type="checkbox"/> Adult Large	1/3 and 1 Mile Run Race and T-shirt	<input type="checkbox"/> \$6.00	<input type="checkbox"/> \$10.00
<input type="checkbox"/> 5K Run	<input type="checkbox"/> Adult X-Large			

NAME: _____

PHONE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ AGE: _____ MALE: _____ FEMALE: _____

PRE-REGISTRATION

Make Checks Payable To: Pride Day Inc.

Mail To: Jodi Giebel
North Fondy Fest, Inc.
1715 Thurke Avenue
North Fond du Lac, WI 54937

SORRY, NO REFUNDS

PARTICIPANTS WAIVER (Must Be Signed)

I know that running a road race is potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with the running in this event including, but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity and/or cold temperatures, traffic and conditions of the roads, and all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release North Fondy Fest, Inc., The Village of North Fond du Lac, and any and all sponsors, representatives, race workers, and successors from all claims and/or liabilities of any kind arising out of my participation in this event.

Signature (Parents must sign if under age 18)

Date